

COUNTING in GREEN

10 LITTLE WAYS
TO HELP OUR BIG PLANET

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ACTIVITIES FOR SCHOOL
AND HOME

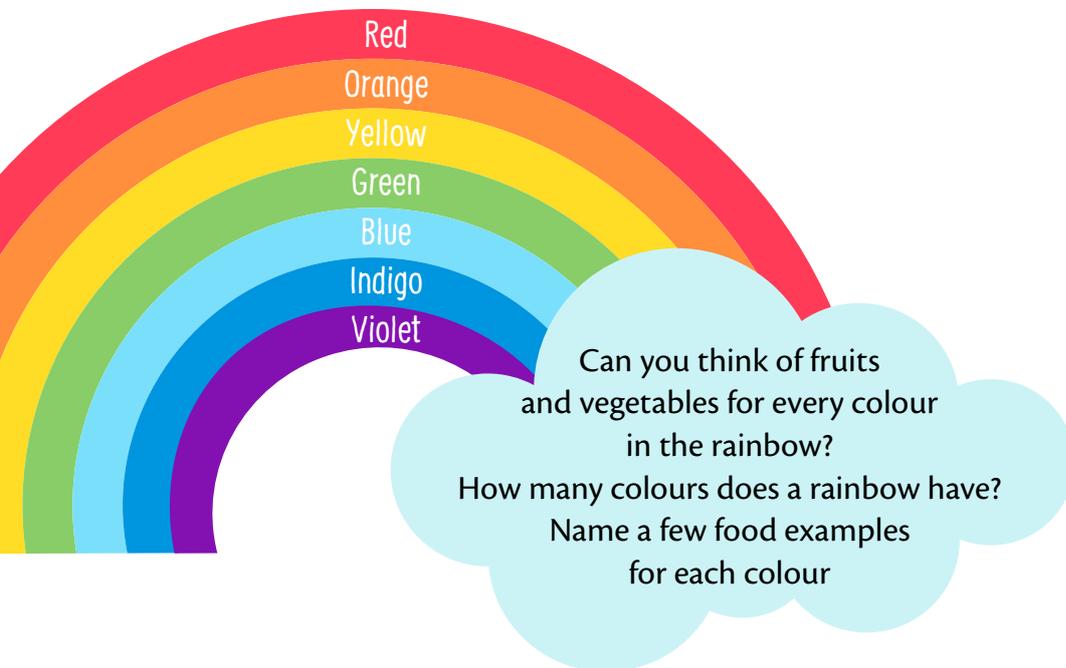


Otter-Barry BOOKS

1 Eat the Rainbow!

Eating lots of vegetables rather than meat is good for our planet, good for the animals and good for us.

There are so many delicious, colourful fruits and vegetables that we can eat instead!



👉 At home, see if you can collect one of each colour and make a rainbow on your plate with them (before you eat them all up!).

2 Turn Used Things into New Things

'Upcycling' means finding creative, fun, or practical new ways to use old things rather than throwing those old things away as waste.

Have a look around the house or classroom to see what you can collect and turn into something fun, something useful, or an art project.

- 👉 Can you make a castle or a cat hotel from a big cardboard delivery box?
- 👉 Can you make a piggy bank from a plastic milk jug or container?
- 👉 Can you turn an old sock into a hand puppet?
- 👉 Can you use eggshells, orange rinds, coffee grounds, or bits of old newspaper as compost?





Here are three fun upcycle projects to try for the garden:

👉 Make a milk jug bird feeder:

<http://www.greatstems.com/2013/05/wildlife-projects-for-kids-milk-jug-bird-feeders.html>

👉 Make toilet paper roll seed pots:

<https://www.youtube.com/watch?v=2wlsllq0TeQ>

👉 Make a birdbath from a plastic container or plastic water bottle:

<https://www.facebook.com/uniladmag/videos/homemade-bird-bath-from-plastic-bottles/4176102505746110/>

(tip: birdbaths with moving water attract fewer mosquitoes!)

3 Beach Clean-up (or Park Clean-up alternative)

What kinds of litter have you seen on the beach? Put a tick next to the things you have seen:

- Plastic or glass bottles
- Bottle caps
- Plastic bags
- Straws
- Toys
- Cigarette butts
- Bits of fishing nets
- Other?



Clean-up activity:

Make teams of 2-3 children and equip them with bags, disposable gloves, and a camera (optional). With supervision, the teams should carefully collect any rubbish/litter they find on the beach, taking care not to touch animals or sharp glass – and to separate recycling items from waste items. At the end of the clean-up, they should put it all together to see the 'total volume' of litter before disposing of it.

Post-activity:

- 👉 What was the type of litter you found most of?
- 👉 Why is this litter bad for the beach and sea creatures?

- 👉 Can you draw a 'before' and 'after' picture of the beach (or park)?
- 👉 What did it look like with all the litter – and then what did it look like after your clean-up?

4 Transportation Choices: Ranking the cleanest to dirtiest ways to travel

Try to put these 9 different types of transportation in order from the best to the worst for our planet:

Bus	Bicycle	Electric car	Aeroplane	Ship/boat
Walking	Skates	Petrol/diesel car	Train	

- 👉 Why did you put them in that order? Why are some of these ways cleaner than others?
- 👉 Draw a circle around the transportation types you have taken. How many types did you try? Which other ways are there to travel, and where would you put them in your ranking?



5 Go Wild in the Garden

Find a garden patch to make your own.

It could be on a balcony, in a backyard or a schoolyard. Or just look around the house.

A bucket can be a garden. A flowerpot can be a garden. Even an old wellie can be a garden!

👉 Ask someone to help you get wildflower seeds to plant

(tip: ask for wildflowers that are native to your area – and that will attract pollinators like bees and butterflies!).

How many ways
can YOU think
of to go green...?

Uhm...

